

A **strong Marriage**
is the **best gift**
you can give
your **child**



The Marriage School  presents... THE THIRD OPTION

The Third Option Topics

1. Building a Climate of Respect
2. Responsibility & Blame
3. Understanding Expectations
4. Power Struggles
5. Control Issues
6. Listening Beyond the Words
7. Personality Differences
8. Emotional Baggage
9. Handling Anger
10. Speaking the Truth in Love
11. Conflict Resolution
12. Feelings & the Hurt Spiral
13. Forgiveness & Repair
14. Rebuilding Trust

The Marriage School

Growing Better Together

The Third Option is an affordable, skills-based, group program that helps couples build stronger marriages. Couples can start anytime in the cycle of topics.

Wednesdays 6:30-8:30PM EST
Lebanon Presbyterian Church

Thursdays 6:30-8:30PM EST
Montgomery Community Church

Meetings also available via ZOOM.
Sign up online to receive access &
sign-up for childcare.

TheMarriageSchool.net

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